Basic First Aid

This Basic First Aid Course is ideal for those who need to be able to deal with minor injuries. It covers a comprehensive range of topics to prepare participants to administer Basic First Aid. Participants will learn a high level of practical skills so that they can deal competently with first aid situations that may arise.

Basic First Aid Course Summary:

The course will take the participant through a comprehensive list of medical and trauma related scenarios, and will allow ample opportunities for hands on training and information sharing.

Basic First Aid Course Layout:

This course can be tailored to your particular needs. However, will have particular emphasis on the following core subjects;

- Scene Management
- Primary Survey & Secondary Survey
- Bleeding and Minor Wounds
- Fractures
- Sprains & Strains
- Unconsciousness
- Concussion & Head Injuries
- Asthma
- Shock
- Heart Attack
- Cardiac Arrest
- CPR
- Stroke
- Foreign Body Airway Obstruction
- Recovery Position
- Handover & Documentation
- First Aid kit

Method of Delivery:

- Classroom Presentation & Discussion, DVD & Practical Demonstration

Duration:

- 6 hours tuition

Maximum Participants:

- 12 participants

Certification:

- Successful candidates will receive a certificate from Donegal Safety Services Ltd which will be valid for 2 years

If you would like further information on this course or any of the other courses we offer please ***fill in our*** contact form today.