

Behaviours That Challenge



Behaviours That Challenge training?

Behaviours That Challenge refers to actions, often displayed by individuals with learning disabilities, dementia, or mental health needs, that are intense, frequent, or enduring enough to pose safety risks, significantly reduce quality of life, or limit access to community facilities. Common examples include physical aggression, self-injury, destruction of property, and extreme emotional outbursts. This Behaviours That Challenge training is based on HIQA standards and safety regulations and HSE's Positive Behaviour Support Framework which is designed to provide staff with the skills to develop positive plans for individuals with behaviours of concern. It aims to move away from restrictive practices and align with HIQA standards, Safety and Health Act, The Charter for Human Rights, and the Declaration of Human Rights.

HIQA standards state residents must not be subjected to restrictive procedures unless required for serious risk and **staff must be trained to respond to challenging behaviour.**

Behaviours That Challenge training content:

This Behaviours That Challenge training will equip the learner with the knowledge, confidence and skills to recognise and deal with challenging behaviours in a safe way whilst keeping users safe. Learning modules include:

- Legal considerations
- What are Challenging Behaviours
- Challenging Behaviour Risk Assessments
- De-escalation
- Challenging Behaviour in Dementia
- Wellbeing and Support
- Case Studies

Duration:

Approximately 3 hours

Maximum Participants:

12 participants per course

Behaviours That Challenge Assessment & Certification:

Assessment:

Learner skill and knowledge will be continually assessed throughout the duration of the course.

In addition Learners will complete:

- A Multiple Choice Questionnaire

Certification:

Upon successful completion of this course participants will receive a certificate issued by Donegal Safety Services which is valid for 2 years.

Book your course today by calling us on 0874170941, emailing us on info@donegalsafetyservices.ie or **[completing our contact form by clicking here.](#)**

Additional Healthcare Training:

Donegal Safety Services facilitate a full range of healthcare specific training:

- IHF Basic Life Support (BLS)
- IHF Heartsaver CPR/AED
- PHECC Cardiac First Response
- Epilepsy Awareness & the administration of Emergency Medications
- Manual Handling
- People Moving & Handling

- Infection Prevention Control
- Wheelchair Clamping & Lifting Equipment
- Prevention and Management of Aggression & Violence
- Fire Safety Awareness
- Fire Warden
- Evac Chair Training
- Restrictive Practice
- Safeguarding of Vulnerable Adults
- Dementia Awareness

For further information on the HSE's Rights Based Approach to Behavioural Support Guiding Principles ***[click here.](#)***