Cardiac First Response (Community)

Cardiac First Response Course Summary:

This Cardiac First Response course designed to teach you basic life support skills; Cardio Pulmonary Resuscitation (CPR) and use of an Automated External Defibrillator (AED). A cardiac first responder plays a vital role in keeping a person alive until they can receive expert clinical care.

Cardiac First Response Course Layout:

- Heart Attack
- Cardiac Arrest
- CPR
- Stroke
- Foreign Body Airway Obstruction
- Correct use of the AED
- Recovery Position
- Handover & Documentation

On course completion participants will be able to:

- Recognise the signs of a life-threatening emergency.
- Respond in an effective, safe and appropriate manner, to a life-threatening emergency, utilising basic life support skills.
- Retrieve and appropriately use, an automated external defibrillator during a cardiac arrest.
- Report and record their actions and interventions appropriately and handover to emergency medical services.

Method of Delivery:

- Classroom Presentation & Discussion, DVD & Practical Demonstration

Duration:

- 4 hours

Maximum Participants:

- 8 participants

Certification:

- Upon successful completion the participant will receive a PHECC Cardiac First Response (CFR) Certificate
- Certificate is valid for 2 years

Cardiac First Response Assessment:

- Participants will complete both a practical and theory assessment
- Theory assessment is multiple choice questions
- Participants must achieve a mark of 60% or higher in each element of the assessment

If you would like further information on our Cardiac First Response course or any of the other courses we offer please ***complete*** our contact form today.

All of our courses are Covid-19 compliant, press here for view our Covid-19 policy in full.